



REPORT ON
SELF DEFENCE TRAINING PROGRAMME

16TH FEBRUARY TO 07TH MARCH, 2022

ORGANIZED BY

WOMEN CELL, PATHARKANDI COLLEGE, PATHARKANDI

Aims and objectives:

The programme was organized with an aim to physically empower the girl students of Patharkandi College, Patharkandi through physical fitness. The college is in rural area so fewer facilities are available for them to learn the self defense techniques which are very essential for the girls in recent world. The Women Cell of Patharkandi College organized this training programme with an aim to strengthen the girl students of the College.

Details of the Event:

The Women Cell, Patharkandi College with prior permission of the Principal, Patharkandi College prepared an application form consisting of all the details of the student along with the consent from their parents. A professional trainer Md. Abu Ubaida Tapadar was communicated and he agreed to extend his knowledge of self defense techniques to the girl students of Patharkandi College.

A total of 390 students (girl) from 1st, 3rd and 5th semester got enrolled for the training programme. For accommodating the huge number of enrolled students, seven (07) groups were formed and the students were divided according to their semester and class roll number.

The training programme was conducted from 16th February to 07th March, 2022. Although 390 students got enrolled for the training programme, but only 267 students participated actively and successfully completed the programme. This is based on the attendance taken during the training days and those who had 75% attendance were given a certificate of completion.

The certificates were prepared and given away to the qualified candidates on the "International Women's Day" duly signed by Principal of the College and the Convenor and Co-convenor of the Women Cell, Patharkandi College.

Some pictures of the completely filled up application form submitted by the students



Some moments captured during the training programme



Some glimpses of the certificate distribution ceremony



Ms. Satarupa Deb,

S.D.B. 10/03/22

Convenor, Women Cell, Patharkandi College

Assistant Professor, Dept. of Zoology, Patharkandi College, Patharkandi Karimganj-788724, Assam

Ms. Sweety Nath Barbhuiya,

Sweety B. 10/03/22

Co-Convenor, Women Cell, Patharkandi College

Assistant Professor, Dept. of Zoology, Patharkandi College, Patharkandi Karimganj-788724, Assam

Approved By

Dr. Monjurul Hoque 10/03/2022

Dr. Monjurul Hoque
Principal, Patharkandi College
Patharkandi, Karimganj-788724, Assam

Principal
Patharkandi College
Dist - Karimganj, Pin- 788724

Compiled By

Sweety Nath Barbhuiya,
Assistant Professor, Dept. of Zoology
Patharkandi College, Patharkandi, Karimganj-788724, Assam