

REPORT ON

SELF DEFENCE TRAINING PROGRAMME

16[™] FEBRUARY TO 07[™] MARCH, 2022

ORGANIZED BY

WOMEN CELL, PATHARKANDI COLLEGE, PATHARKANDI

Aims and objectives:

The programme was organized with an aim to physically empower the girl students of Patharkandi College, Patharkandi through physical fitness. The college is in rural area so fewer facilities are available for them to learn the self defense techniques which are very essential for the girls in recent world. The Women Cell of Patharkandi College organized this training programme with an aim to strengthen the girl students of the College.

Details of the Event:

The Women Cell, Patharkandi College with prior permission of the Principal, Patharkandi College prepared an application form consisting of all the details of the student along with the consent from their parents. A professional trainer Md. Abu Ubaida Tapadar was communicated and he agreed to extend his knowledge of self defense techniques to the girl students of Patharkandi College.

A total of 390 students (girl) from 1st, 3rd and 5th semester got enrolled for the training programme. For accommodating the huge number of enrolled students, seven (07) groups were formed and the students were divided according to their semester and class roll number.

The training programme was conducted from 16th February to 07th March, 2022. Although 390 students got enrolled for the training programme, but only 267 students participated actively and successfully completed the programme. This is based on the attendance taken during the training days and those who had 75% attendance were given a certificate of completion.

The certificates were prepared and given away to the qualified candidates on the "International Women's Day" duly signed by Principal of the College and the Convenor and Co-convenor of the Women Cell, Patharkandi College.

Some pictures of the completely filled up application form submitted by the students

PATHARKANDI COLLEGE PATHARKANN COLLEGE PATHAREANDI COLLEGE (WOMEN CELL) RELEVERYDRY DREW FOR MELT-DEPEND TRAINING PROCESSION (WURTER CELL) BELEVITATION CORR FOR WELFORDEN F PERMISE PERMISE DEADING WITH STRAND FOR STIT BEES ARE TRAVEN. PROCREMENT 1 was a puesees ALLA JORGUM. I AND STATISTY SHILPH RCHARJEE I THE A MERCEN SUDA' & SIDNA. e nervinens 2638 1966 Manuer alle begine ist & genot con " a none winner 361206800, man in Gegestionarger 2018 and " the Constant Constant and State State Const Con a moures: BER. a commun Ball un Iti demeriek sutname 2 1 mount Beight .. e unasita 5th Sent mercines. 30 s harn ar werran . 06-02- 2005 In Report Printers 1 THE TE ZAL LEVERANCE . HAT THEY Controlment 02/12/2001 Successformer a anarteri como Will Ratinageora. 60- Dutaila s eninestin erean . FATERASCHET . 2.2 - PATERASPORT s a rear science, Vir Empirita, 1951 - Barrist. Lat. kanongang BS-METHON - BS- WARDEND Mars BERTER, Stole - Assaul Sale-RSERS , Fin- FIRTH " annex man "Mok Hom Ali p.s- Denekonal, Dist-Hannyah). & PATHER FRAME LT SALAL ACHIERLEE erston Saybari Nessa Contraction SINGHADIT SINGA 1. 100 A METHORY SALES . RENTE ANTHREE A PHUTE AMPANA STURA THE ATATE A DENIN MORE ATTACKS . WTER TO (GPS056103) ENELSON OF THE CONSIGNATION when he for conductions TOWNER DRIVE LIKE AND ADDRESS FOR THE REAL PROPERTY AND THE REAL P H. WISTMANACTINICS PLANT COMPANY CATTORS PLANTAGE THE REPORT OF STREET, STRE Tall all conserves PARINT'S DECLARATION 1-J in Bar Day PARENT'S DICLARATION PARENT'S DECLARATION I amply give for second for al ma designed in the I firstly gove the birster to I have got be opport a AP TRADING PROCESSOR e ei we daugind bi the surveiden of all faithful Adding & April Traping NE VALOUTING THE PARTY Seeplest Energy Stela Scherin. Sorte Stre 19979 3418L BEERS TO MERCE Rath GINGE

Some moments captured during the training programme



Some glimpses of the certificate distribution ceremony



Ms. Satarupa Deb,

18 322

Karimganj-788724, Assam

Convenor, Women Cell, Patharkandi College Assistant Professor, Dept. of Zoology, Patharkandi College, Patharkandi

Approved By

Earning 103/2022

Dr. Monjurul Hoque Principal, Patharkandi College Patharkandi, Karimganj-788724, Assam

Principal Patharkandi College Dist.- Karimganj, Pin-788724

Ms. Sweety Nath Barbhuiya,

Co-Convenor, Women Cell, Patharkandi College Assistant Professor, Dept. of Zoology, Patharkandi College, Patharkandi Karimganj-788724, Assam

Compiled By

Sweety Nath Barbhuiya, Assistant Professor, Dept. of Zoology Patharkandi College, Patharkandi, Karimganj-788724, Assam